

i said goodbye to unsightly hair

without the ouch factor!

If you dream of being one of Katy Perry's sexy California Girls, Wink Wax Wellness may just be your answer to get that sexy bikini line! Started by a husband-and-wife team about three years ago, Wink Wax provides special waxing services in a cosy little shophouse at Peck Seah Street, just a wink away from Tanjong Pagar MRT station.

One of the shop's popular signature treatments combines IPL (Intensive Pulse Light treatment) with Australian and Paris waxing methods to achieve permanent hair removal 'ouchlessly'. The IPL treatment involves a pain-sensitive permanent hair removal machine, and seeks to cater to different skin types. IPL really lowers the ouch factor and can be used effectively for different parts of the body, including the bikini line, underarms and legs. Generally a course of five to six treatments is required for full permanent hair removal; this is to ensure that hair follicles do not regenerate.

I have to say that my virgin experience with waxing – I decided to do my underarms – was as pleasant as it could get. The therapist provided me with special glasses to protect my eyes against the IPL rays. The process felt like being rubbed by little grains of sand, a little at a time. Within less than a minute, it was all over, and already I felt my hair follicles loosening.

Everyone takes to IPL differently, and the therapist informed me that within 10 days, I should be able to see much better results, with hair lopping off easily with a mere scrub. My skin texture also felt much smoother. Wink Wax also recommends moisturising key sections with creams in the meantime, and opting for a package routine to see long-term results,

which can extend to as much as 15 years! I can see why we girls would love it, as it saves us the pain of daily plucking routines.

Lest the boys get jealous, Wink Wax also offers waxing services for men, as well as an array of other treatments for both, like facials, slimming treatments, body spas and manicure services. Happy with the result of my IPL hair removal, I opted for the customised Labogene products, specifically developed and formulated for Asians to tackle problems such as fine lines, wrinkles, skin dryness and uneven skin tones.

During my facial, the therapist used a series of special ampoules and masks for moisturising and whitening, to give my skin a radiant glow that looks as if you've cared for your skin tenderly for years. The facial was accompanied by relaxing head, neck and shoulder massages by a skilful therapist, who explained every step of the facial to me, and offered little freebie creams afterwards according to my skin condition. Perfect for awakening and rejuvenating my tired skin!

Why go the long route to fuzz-free and smooth skin, when Wink Wax can do it in such a short time! Special trial prices are available for first time trial uses and students. Everyone deserves a chance to be a California Girl (or Hunk), after all. – LIN CHONG

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